



News

Shows

Contests

Events

Podcasts

Contact

Login



Home › News › Local swimmer to take on the English Channel

Local swimmer to take on the English Channel

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July 10, 2014 05:57 from James Gardner

A Victoria woman will be swimming the English Channel this month. Not that unusual for someone able-bodied, but Susan Simmons has multiple sclerosis.

Simmons isn't letting her health issue stop her and has been training hard for the international swim. She will be swimming a relay with a team of three others wearing only a bathing suit, swim cap and goggles.



Simmons says she is up for the challenge.

"A few years ago I swam across the Georgia Strait in a relay which is comparable to the English Channel, so its kind of a warm up to that. The difference is in that one we were wearing wet suits and this time we won't. So, I have a pretty good idea and I'm looking forward to it."

In addition, swimmers are not allowed to touch the boat or receive any assistance.

Simmons and her swimming partner Alex Cape will be swimming the full length of Cowichan Lake and back, 70 kilometers in August.

For more information: <http://msathlete.org/>

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